

❖ Get The Fire & Passion Back!

- ❖ Build Trust & Regain Respect
- ❖ Enhance Communication Skills
- ❖ Conflict Resolution & Active Listening
- ❖ Learn Each Other's Love Language
(Based On Dr. Gary Chapman's Program)
- ❖ Learn Your Partner's Bi-Fi Signal (LGBTQ2IA)
- ❖ Acquire Tools To Strengthen Bonds
- ❖ Boost Self-Awareness & Self-Esteem
- ❖ Learn How To Give & Receive Love



LIFE COACHING SERVICES

PRICES

First Consultation: FREE (20 minutes)

Single Session: \$99 (60 minutes)

Package: \$249 for 4 weeks
(up to 4 full sessions, couple's at home e-plan,
once a week phone or email advice, plus weekly
check-in services)

*Video Session Recordings: \$60 each

*Emergency Session: \$169 (60 minutes)

Relationship Coaching is a fantastic way to get back on track with your partner.

Problems within a relationship are not uncommon and most can be resolved by addressing mis-communication and imbalances. Learning and applying love tools, self-evolution, and empathy are also essential. Sometimes an unbiased mediator is what is needed. Almost anything and everything can be worked out if both parties are willing to put in the work consistently. IRUNME offers relationship coaching services to couples and individuals, however the tools you will acquire work equally well in relationships with friends, family or coworkers.

Email irunmeselfevolution@gmail.com for more details or to book a session!