

❖ Discover Your Passion!

- ❖ Boost Self- Esteem & Confidence
- ❖ Get Help With Life Planning, Including Budgeting & Goal Setting
- ❖ Enhance Communication Skills
- ❖ Learn Tips To Reduce Anxiety
- ❖ Get Strategies To Overcome Common Challenges At School Or Work
- ❖ Receive Resume Writing Help

IRUNME

S e l f - E v o l u t i o n



LIFE COACHING SERVICES

PRICES

First Consultation: FREE (15 minutes)

Single Session: \$129 (60 minutes, supplementary e-guide plus career pathway assessment and goal-setting tips)

Package: \$349 for 4 weeks (once a week 60-minute sessions, customized coaching plan plus weekly phone/email support services)

*Video Session Recordings: \$40 each

*Emergency Session: \$149 (30 minutes)

***Career Coaching** will help you get on the right path in life, for you.*

It can be challenging to determine what you would like to do with your life after college or even high school, especially when you have so many interests. Most people just need motivation, guidance, and the tools to help them plan, set goals, and boost confidence. IRUNME offers support in navigating college-life and life post education. We provide self-evolution tips that will set you on the track to becoming independent, career oriented, and equipped to handle early life's challenges.

Email irunmeselfevolution@gmail.com for more details or to book a session!